

INDUS FIGURE SKATING CLUB OUTBREAK PROCEDURE

This procedure has been created with the guidance of the Skate Canada: Alberta-NWT/Nunavut Section to provide us with a framework to follow for effective control measures.

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak.

A “participant” includes a club or skating school employee, coach, choreographer, volunteer, official, skater or parent / spectator.

An “outbreak” is two or more cases; a “case” is a single case of COVID-19.

1. The club administrator(s) has the authority to modify, restrict, postpone or cancel activities.
2. If the participant(s) that has been confirmed to have COVID-19 and has been at the facility, enhanced cleaning measures will be implemented to reduce the risk of transmission. The facility will be notified right away.
 - a) Individuals will be advised to:
 - i) Self-isolate
 - ii) Monitor their symptoms daily, report respiratory illness and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite
 - iii) The Participant(s) will not be permitted to return to the facility until they are free of the COVID-19 virus as verified by a medical professional.
 - iv) Use the [Alberta Health COVID-19 self-assessment tool](#) to help determine if further assessment or testing for COVID-19 is needed

Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency

Individuals can learn more about symptoms and how to manage a patient at home by accessing the following Alberta Health Services links:

<https://www.albertahealthservices.ca/topics/Page17026.aspx>

<https://www.albertahealthservices.ca/topics/Page16997.aspx#sign>

3. In the event of a suspected case or outbreak of influenza-like-illness, it will be immediately reported and discussed with the Medical Health Officer (or delegate) at our local health authority. The IFSC Illness Policy will be implemented.

If Indus Figure Skating Club is contacted by a medical health officer in the course of contact tracing, we will cooperate with local health authorities.