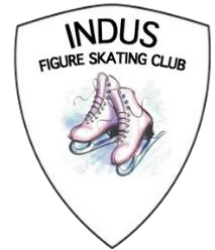




Welcome to the Indus FSC 2020-2021 Season



Important Information:

1. All IFSC policies & procedures must be followed at **ALL TIMES**. (available on our website). Everyone **MUST** practice social distancing whenever possible. Please ensure all skaters are aware of proper hand hygiene. [How to Handwash](#) (also available on our website)
2. **MANDATORY Parent/Coach/Adult Skate Information Meeting MUST** be attended to be allowed on any session. This must be attended **ONCE** for the season! The meetings will be offered through **ZOOM on Sundays @ 7:00pm**, link will be emailed to all registrants the day of the meeting. Dates of meetings - **STARSkate**: Aug 23/30. **IntroFS**: Aug 30/Sep 27/Jan 3. **CanSkate**: Sep 27/Jan 3
3. All skaters (parent/guardian if skater is under 18 years of age), coaches, parents (assisting a skater), and volunteers **MUST hand in a signed copy of the Skate Canada Assumption of Risk and Waiver form**. [IFSC Assumption of Risk and Waiver](#) and the **BVAS COVID-19 Waiver** [BVAS COVID-19 Waiver](#). These forms need to be handed in **ONCE** for the season, on your first skating day at check-in!
4. Numbers are limited to 50 persons which include skaters, coaches, parents, and volunteers. Spectators (parents/guardians/siblings/etc) are not permitted in the arena at this time. One parent assistant for Canskate skaters will be allowed to remain in the facility at skater's designated spot (not in the stands).
5. Each skater (or parent/guardian), coach, parents (assisting skater), and volunteer **MUST complete the Health Screening Questionnaire DAILY at home prior to arrival at the arena**. [Health Screening Questionnaire](#) (also available on our website). A completed form **MUST** be handed in on first day at check-in. If you answer **YES** to any of the questions, please **STAY HOME!** Immediately contact coach Lesley at roblesstewart@hotmail.com and IFSC at figureskating@indusrec.ca. Contact Alberta Health at 811, if needed.
6. Skaters are to arrive ready for skating. If the skater **CAN** tie their own skates, they are permitted to put their skates on in the arena. If the skater **CANNOT** tie their own skates, one parent is permitted in the facility to assist at check-in and exit. All forms must be completed for the parent entering.
7. **Items Needed:** skates, hard guards, gloves & all skating attire (cleaned daily), water bottle (filled at home), Ziploc containing tissues and hand sanitizer.
8. Masks are recommended for entry & exit and washroom breaks due to possible close proximity to others but are not mandatory. Skaters are not required to wear masks on the ice. Please see link for How to wear a non-medical mask. [How to wear a non-medical mask](#)
9. Skaters will enter the building through the Main Arena Door and exit through the Back Arena Door. Coach Lesley or Jayde will meet the skaters in the lobby 15 minutes prior to the session start time to complete check-in. The arena doors will remain locked until this time. **NO LATE ENTRY** will be allowed.

For any questions, please contact figureskating@indusrec.ca